



CUDHAM
CE Primary School

NEWSLETTER

29th January 2021

'Together, we Aim, Believe and Achieve'

Dear Parents and Carers,

Happy Friday Cudham Family!

Four weeks of remote education completed: two weeks to go until half-term!

You are all doing amazingly – I am in complete awe of you all for supporting your children with their education as well as balancing your own anxieties and work commitments yourselves. Please be assured that your best is better than good enough. Not every day is going to be amazing and filled with joy. Please do not compare yourselves to others, particularly on social media and 'influencers' who give the impression that everything is going perfectly. You are doing all that you can for your children, and nobody could ever ask any more than that – and for all of your efforts, I want to say thank you and keep going.

I would like to thank you all for your continual support over this period. We still continue to receive messages of encouragement and each one is so valuable to all of the staff.

Keep going, Cudham family. Every day that passes gets us closer to being together again. I can't wait for the day we can be back together without social distancing and staggered finish times! Keep supporting and encouraging one another – it's as a community that we will make it through.

This newsletter is over two pages this week, as we have a new feature: The Good News Corner. I encourage you all to make sure you read and enjoy.

Parents Evening

You will have received an email this week informing you of how to sign up to remote Parents' Evenings on 10th and 11th February 2021. If you are having any difficulties, please do not hesitate to contact the school for information.

Safeguard – Tik Tok Challenge

This week I received information from a Safeguarding bulletin that a 'Chocking Challenge' is doing the rounds on Tik Tok and has caused several serious injuries and fatalities as a result. For those of you with children over 13 using Tik Tok, please do be vigilant in being aware of the content your children are watching.

Collegiate Advert

Attached with the newsletter is the advert from the Bromley School's Collegiate for anyone interested in becoming a teacher. If this is something that you are interested in, please do not hesitate to contact using the details provided or contact me for any advice.

Supporting your child's Mental Health

Below is a link to a top 10 list for ways for parents to support their children with their mental health. The video is for parents to watch and you may find this of use over the next few weeks.

<https://ssscpd.co.uk/education/parentsandguardians/child-mental-health-10-tips-for-parents/-/pj==s>

Worship

I would like to thank Rev Musson and Rev Archer for their continued support in providing us with a weekly Worship on our YouTube channel. On site, we watch the Worship at 9am every Monday morning, so please arrange for your children at home to participate with us at the same time. In case you missed it, here is the link to Worship from this Monday.

<https://www.youtube.com/watch?v=VJHRssZ8hJQ>

Cudham Community Event

Please keep the date of Friday 12th February 2021 at 4pm free. I have sneaked a look at some of the events we will be taking part in and it will be lovely to see you altogether for some Cudham Family fun!

Thank You

Finally I would like to thank Mrs. Upton for her very kind gesture of 3 free pre-recorded yoga sessions for school staff to help with their well-being during these challenging times. Your thoughtfulness is appreciated.

See the next page for our Good News Corner...



CUDHAM
CE Primary School

GOOD NEWS CORNER

I don't know about you but I am finding it increasingly difficult to watch the news. I watch to keep me informed but there are times where I want to turn it off. With that in mind, I have decided that each week, I will end my newsletter with some examples of good news!

For today, I want to share with you an amazing and inspiring video. It is of a 22-year-old young man with multiple Special Education Needs, who shows the world that the barriers he faces do not stop him from achieving his dreams.

<https://www.youtube.com/watch?v=pDPdRYF7hTQ>

CUDHAM'S GOOD NEWS RAINBOW

The good news does not stop there – we want to hear from you too!

We would like our families to send in their good news to school – this could be something you have written, a photograph, and email, a drawing or something you have made. It can be recent good news or it could be a reminder of good news from day 1 of lockdown 1!

We will then take these pieces of good news and display them in the school hall. By doing so, when we return to school, we will all be able to see the good news that took part in these challenging 11 months as well as lifting the spirits of our community. I cannot wait to receive your good news and look forward to the positive impact it will have upon us all.

I hope you have a good weekend.

God bless,

Mr Finch

